

Overcoming Darkness, Embracing a New Life

In 2014, Thapa arrived in Hong Kong from Nepal but struggled to adapt, falling into drug addiction and mental health issues. His father, unfamiliar with Hong Kong 's social welfare system, was at a loss, until a peer counselor from Yang Memorial Methodist Social Service' s Yau Tsim Mong Family Education and Support Center connected with him, offering guidance and support.

In 2019, Thapa was introduced to psychiatric treatment and later referred to a Christian drug rehabilitation center. After completing the program, he volunteered for two years, helping others facing similar challenges.



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By 2022, Thapa had transformed his life, participating in the center's activities, volunteering, and excelling in football. Now drug-free for nearly six years, he has a stable job in construction and supports his family in Yuen Long. Grateful for the center's help, Thapa and his parents are overjoyed by his transformation.

Since 2010, Yau Tsim Mong Family Education and Support Center has supported multi-ethnic drug users and their families, helping them build healthy lifestyles and strengthen family bonds.

